

Ohio Congregate Breakfast Menu



October 2022

3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
Egg, Cheese Canadian Bacon English Muffin Hashbrown Milk Fresh Orange	Cheese Omelet Breakfast Potato Cheerios Diced Pears Milk Orange Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Mandarin Oranges Milk Grape Juice	French Toast Sausage Links SF Syrup Peaches Milk Apple Juice	Scrambled Eggs Pancakes Turkey Bacon Raisin Bran Fruit Cocktail Milk Apple
10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
Pancakes T Sausage Links SF Syrup Pineapple Tibits Milk Tropical Fruit Juice	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Hashbrown Mix Fruit Milk Grape Juice	Pancakes SF Syrup Cottage Cheese Mandarin Oranges Milk Apple Juice	Oatmeal Scrambled eggs M Potato Pancakes Orange Milk Orange Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice
17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potato Milk Fresh Fruit	French Toast Cheesy Eggs Turkey Sausage Link SF syrup Diced Pears Milk Orange Juice	Pancakes T Sausage Patties Low Fat Vanilla Yogurt SF syrup Mixed Berries Milk Grape Juice	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	Scrambled Eggs Pancakes Turkey Bacon Raisin Bran Fruit Cocktail Milk Apple
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
Biscuit Sandwich w/ Egg, Cheese & Turkey Sausage Breakfast Potato Peaches Milk Orange Juice	Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Orange Juice Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Cheese Omelet Breakfast Potato Cheerios Mix Fruit Milk Apple Juice	Pancakes Scrambled Eggs SF Syrup Pears Milk Apple Juice
31 Monday				
Egg, Cheese Canadian Bacon English Muffin Hashbrown Milk Fresh Orange				