

**Ohio Congregate
Breakfast Menu
513-244-0660**



**December
2022**

| | | | 1 Thursday | 2 Friday |
|---|---|--|---|---|
| | | | Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice | Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice |
| 5 Monday | 6 Tuesday | 7 Wednesday | 8 Thursday | 9 Friday |
| Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice | Pancakes T Sausage Patties Low Fat Vanilla Yogurt SF syrup Mixed Berries Milk Grape Juice | Scrambled Eggs Pancakes Turkey Bacon Raisin Bran Fruit Cocktail Milk Apple | French Toast Cheesy Eggs Turkey Sausage Link SF syrup Diced Pears Milk Orange Juice | Biscuit Sandwich w/ Egg, Cheese & Turkey Sausage Breakfast Potato Peaches Milk |
| 12 Monday | 13 Tuesday | 14 Wednesday | 15 Thursday | 16 Friday |
| Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit | Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice | Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice | French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice | Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice |
| 19 Monday | 20 Tuesday | 21 Wednesday | 22 Thursday | 23 Friday |
| Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice Orange Juice | Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Orange Juice Milk Grape Juice | French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice | Scrambled Eggs Pancakes Bacon Raisin Bran Fruit Cocktail Milk Apple | Closed HAPPY HOLIDAYS |
| 26 Monday | 27 Tuesday | 28 Wednesday | 29 Thursday | 30 Friday |
| Closed  | Pancakes T Sausage Links SF Syrup Pineapple Tibits Milk Tropical Fruit Juice | Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice | French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice | Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice |