

Kentucky Hot Menu



MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

June 2022

513-244-5485

		1 Wednesday	2 Thursday	3 Friday
<p><i><u>Your order may contain substitutions, based on product availability.</u></i></p>		Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Sun Butter Grape Juice Pineapple Cup	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Sun Butter Cranberry Juice nutri-grain bar	Ham and Beans Spinach Tater Tots Slice of Bread Tropical Fruit Juice Brownie
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
Sloppy Joe w/ No bun Green Beans Roasted Baby Bakers Slice of bread Tropical Fruit Juice Cheese It Crackers	Boneless Chicken Bites Au Gratin Potatoes Mixed Vegetables Slice of bread Sun Butter Mixed Fruit Cup	Grill Sausage w/ Onion and Peppers Potato Wedges Mixed Vegetables Slice of Bread Apple Juice	Sliced Turkey & Gravy Dressing Green Beans Slice of bread Diced Pears Lorna Doone Cookie	Chicken Alfredo w/ Penne Pasta sliced Carrots Broccoli Slice of Bread Tropical Fruit Juice snack bar
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
Flame Broiled Beef Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar	Ham and Beans Spinach Tater Tots Slice of Bread Apples Sauce Sun Chips	Lasagna Rollup w/ Meat Sauce Mixed Vegetables Apple Crisp Slice of Bread Apple Juice Graham Crackers	Cincinnati Chili & Spaghetti shredded cheese Corn & Black beans Cinnamon Apples Orange snack bar	Chicken Strips Mixed Vegetables Tater Barrels Sun Butter Cranberry Juice Brownie
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
Meatloaf w. gravy Mashed Potatoes Carrots Slice of Bread Mixed Fruit Cup Lorna Doone Cookie	Salisbury Steak/ Gravy Mash Sweet Potatoes Mixed Vegetables Slice of Bread Sun Butter Diced Peaches Granola Bar	Cheeseburger Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange	Pot Roast Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Choc. Crème cookie	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of bread Orange Juice Town House Crackers
27 Monday	28 Tuesday	29 Wednesday	30 Thursday	
Spaghetti & Meatballs Italian Vegetables Spinach Slice of bread Cranberry Juice Fig bar	Baked Chicken w. Gravy Herbed Dressing Broccoli & Cauliflower Slice of Bread Apple Juice snack bar	Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Sun Butter Grape Juice Pineapple Cup	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Sun Butter Cranberry Juice nutri-grain bar	