

Kentucky Hot Menu



February 2022

MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

513-244-5485

| Monday | 1 Tuesday | 2 Groundhog day | 3 Thursday | 4 Friday |
|--|--|--|--|--|
| | Salisbury Steak Mashed Potatoes Mixed Vegetables Slice of Bread Sun Butter Diced Peaches Granola Bar | Cheeseburger Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange | Pot Roast Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Choc. Crème cookie | Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of bread Orange Juice Town House Crackers |
| 7 Monday | 8 Tuesday | 9 Wednesday | 10 Thursday | 11 Friday |
| Spaghetti & Meatballs Italian Vegetables Cinnamon Apples Slice of bread Cranberry Juice Fig bar | Baked Chicken w. Gravy Herbed Dressing Broccoli & Cauliflower Slice of Bread Apple Juice snack bar | Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Sun Butter Grape Juice Pineapple Cup | Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Sun Butter Cranberry Juice nutri-grain bar | Pork Chop Sauerkraut Diced Potatoes Slice of Bread Tropical Fruit Juice Brownie |
| 14 Valentines Day | 15 Tuesday | 16 Wednesday | 17 Thursday | 18 Friday |
| Sloppy Joe w/ No bun Green Beans Roasted Baby Bakers Slice of bread Tropical Fruit Juice Cheese It Crackers | Boneless Chicken Bites Au Gratin Potatoes Mixed Vegetables Slice of bread Sun Butter Mixed Fruit Cup | Grill Sausage w/ Onion and Peppers Potato Wedges Mixed Vegetables Slice of Bread Apple Juice Sun Butter | Sliced Turkey & Gravy Dressing Green Beans Slice of bread Diced Pears Lorna Doone Cookie | Chicken Alfredo w/ Penne Pasta sliced Carrots Broccoli Slice of Bread Tropical Fruit Juice snack bar |
| 21 President's Day | 22 Tuesday | 23 Wednesday | 24 Thursday | 25 Friday |
| Flame Broiled Beef Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Banana Snack Bar | Ham and Beans Spinach Tator Tots Slice of Bread Apples Sauce Sun Chips | Lasagna Rollup w/ Meat Sauce Mixed Vegetables Apple Crisp Slice of Bread Apple Juice Graham Crackers | Cincinnati Chili & Spaghetti shredded cheese Corn & Black beans Cinnamon Apples Orange snack bar | Chicken Strips Mixed Vegetables Tater Barrels Sun Butter Cranberry Juice Brownie |
| 28 Monday | Tuesday | Wednesday | Thursday | Friday |
| Meatloaf w. gravy Mashed Potatoes Carrots Slice of Bread Mixed Fruit Cup Lorna Doone Cookie | | | | |

Your order may contain substitutions, based on product availability.

