

Kentucky Hot Menu



MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

May 2022

513-244-5485

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
Spaghetti & Meatballs Italian Vegetables Cinnamon Apples Slice of bread Cranberry Juice Fig bar	Baked Chicken w. Gravy Herbed Dressing Broccoli & Cauliflower Slice of Bread Apple Juice snack bar	Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Sun Butter Grape Juice Pineapple Cup	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Sun Butter Cranberry Juice nutri-grain bar	Pork Chop Sauerkraut Diced Potatoes Slice of Bread Tropical Fruit Juice Brownie
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
Sloppy Joe w/ No bun Green Beans Roasted Baby Bakers Slice of bread Tropical Fruit Juice Cheese It Crackers	Boneless Chicken Bites Au Gratin Potatoes Mixed Vegetables Slice of bread Sun Butter Mixed Fruit Cup	Grill Sausage w/ Onion and Peppers Potato Wedges Mixed Vegetables Slice of Bread Apple Juice Sun Butter	Sliced Turkey & Gravy Dressing Green Beans Slice of bread Diced Pears Lorna Doone Cookie	Chicken Alfredo w/ Penne Pasta sliced Carrots Broccoli Slice of Bread Tropical Fruit Juice snack bar
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
Flame Broiled Beef Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar	Ham and Beans Spinach Tator Tots Slice of Bread Apples Sauce Sun Chips	Lasagna Rollup w/ Meat Sauce Mixed Vegetables Apple Crisp Slice of Bread Apple Juice Graham Crackers	Cincinnati Chili & Spaghetti shredded cheese Corn & Black beans Cinnamon Apples Orange snack bar	Chicken Strips Mixed Vegetables Tater Barrels Sun Butter Cranberry Juice Brownie
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
Meatloaf w. gravy Mashed Potatoes Carrots Slice of Bread Mixed Fruit Cup Lorna Doone Cookie	Salisbury Steak Mashed Potatoes Mixed Vegetables Slice of Bread Sun Butter Diced Peaches Granola Bar	Cheeseburger Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange	Pot Roast Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Choc. Crème cookie	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of bread Orange Juice Town House Crackers
30 Monday	31 Tuesday			
Memorial Day Closed	Baked Chicken w. Gravy Herbed Dressing Broccoli & Cauliflower Slice of Bread Apple Juice snack bar	<i>Your order may contain substitutions, based on product availability.</i>		