

**March
Ohio Congregate**



513-244-5485

Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
Choice of Milk served with all menus	SLICED TURKEY & GRAVY OR SLICED HAM	BREADED POLLOCK OR BEEF PATTY	CHICKEN SALAD SANDWICH OR TURKEY SANDWICH	PARMESAN ALFREDO PASTA OR GRILLED CHICKEN
	Traditional Dressing CARROTS SLICE BREAD/WW BUNS MARGARINE DICED PEARS COOKIE	MACARONI & CHEESE MIXED VEGETABLES SLICE BREAD MARGARINE APPLE JUICE FRUIT CUP	POTATO SALAD COLESLAW SLICE BREAD MARGARINE PEACHES GRAHAM CRACKER	CORN FRENCH GREEN BEANS SLICE BREAD MARGARINE PEACHES GRANOLA BAR
7	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
CHICKEN STRIPS OR CHEESEBURGER	LASAGNA ROLLUPS W/ MEAT SAUCE OR GRILLED CHICKEN	MEATLOAF OR CHICKEN PATTY	SLOPPY JOE OR PORK BBQ	CININNATI CHILI & SHREDDED CHEESE OR MARINARA PRIMAVERA & MOZZARELLA
BROCCOLI TATER BARRELS SLICE BREAD MARGARINE CRANBERRY JUICE BROWNIE	ITALIAN VEGETABLES APPLE CRISP SLICE BREAD MARGARINE APPLE JUICE GRAHAM CRACKERS	AUGRATIN POTATOES MIXED VEGETABLES SLICE BREAD MARGARINE DICED PEACHES LORNA DOONES	GREEN BEAN BABY BAKERS HAMBURGER BUN MARGARINE TROPICAL FRUIT JUICE CHEESE ITS	CORN AND BLACK BEANS SPAGHETTI MARGARINE CINN APPLES ORANGE COOKIE
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
FLAME B. BEEF STEAK OR SLICED TURKEY	SALISBURY STEAK OR PORK FRITTER	CHEESEBURGER OR GRILLED CHICKEN	CHICKEN STRIPS OR SLICED HAM	CHEESIE MEATLOAF OR BREADED FISH BITES
ROASTED BABY BAKERS MIXED VEGETABLES SLICE BREAD MARGARINE BANANA SNACK BAR	MASHED POTATOES FRENCH GREEN BEANS SLICE BREAD MARGARINE PEACHES GRANOLA BAR	SWEET POTATO PUFF MIXED BERRY CRISP WHEAT BUN MARGARINE ORANGE FIG BAR	TATER TOTS ITALIAN VEGETABLES SLICE BREAD MARGARINE FRUIT CUP OREOS	BABY BAKERS CA MIX VEGGIES SLICE BREAD MARGARINE ORANGE JUICE CRACKERS
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
COUNTRY FRIED STEAK OR GRILLED CHICKEN	CININNATI CHILI & SHREDDED CHEESE OR MEATBALLS/MARINARA	HERBED CHICKEN PATTY OR GRILLED SAUSAGE	PORK CUTLET OR FLAME B. BEEF STEAK	CHICKEN WING DINGS OR LASAGNA ROLL UPS w/MARINARA
SCALLOPED POTATO CALIFORNIA VEGGIES SLICE BREAD MARGARINE CRANBERRY JUICE LORNE DOONE	CORN AND BLACK BEANS SPAGHETTI MARGARINE CINN APPLES ORANGE FRUIT CUP	MACARONI & CHEESE CHATEAU VEGETABLES SLICE BREAD MARGARINE APPLE JUICE FRUIT CUP	SAUERKRAUT DICED POTATOES SLICE BREAD MARGARINE TROPICAL FRUIT JUICE BROWNIE	AUGRATIN POTATOES MIXED VEGETABLES SLICE BREAD MARGARINE DICED PEACHES FRUIT CUP
28 Monday	29 Tuesday	30 Wednesday	31 Thursday	
HAM AND BEANS OR	SLICED TURKEY & GRAVY OR	GRILLED SAUSAGE OR	CHICKEN SALAD SANDWICH OR	

SLOPPY JOE	SLICED HAM	BEEF PATTY	TURKEY SANDWICH
SPINACH	Traditional Dressing	POTATO WEDGE	POTATO SALAD
TATER TOTS	CARROTS	MIXED VEGETABLES	COLESLAW
SLICE BREAD/WW BUNS	SLICE BREAD/WW BUNS	SLICE BREAD	SLICE BREAD
MARGARINE	MARGARINE	MARGARINE	MARGARINE
APPLESAUCE	DICED PEARS	APPLE JUICE	PEACHES
SUNCHIPS	COOKIE	FRUIT CUP	GRAHAM CRACKER