

February 2022

Ohio Daily Menu

February 2022		1 Tuesday	2 Groundhog Day	3 Thursday	4 Friday	5 Saturday	
		Chicken Alfredo & Penne Pasta Sliced Carrots Broccoli Tropical Fruit Juice Fruit Cup	Flamed Broiled Beef Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Banana Snack Bar	Ham and Beans Spinach Tator Tots slice of bread Applesause Sun Chip	Biscuits and Gravy Mini Potato Pancakes Turkey Sausage Cranberry Juice Diced Pears Donut Stick	Pot Roast Redskin Potatoes Carrots Slice of bread Orange Juice Chocolate cream Cookie	
6 Sunday	7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	12 Saturday	
Lasagna w/ Meat Sauce Italian Vegetables Apple Crisp Slice of Bread Apple juice Graham Crackers	Cincinnati Chili & Spag. Shredded cheese Corn & Black Beans Cinnamon Apples Slice of Bread orange/fruit cup	Chicken Strips Italian mixed vegetables Tater Barrels Slice of bread Cranberry Juice Brownie	Sloppy Joe/ No bun Green Beans Baby Bakers Slice of Bread Tropical Fruit Juice Cheese it crackers	Meatloaf w. Gravy Mashed Potatoes Carrots Slice of Bread Diced Peaches Lorna Doone Cookies	Pancakes Mini Potato Pancakes Turkey sausage links Fruit Cup Apple Juice Fig Bar	Pork BBQ Garlic Redskin Potatoes Carrots Slice of bread Grape Juice Sun Chips	
13 Sunday	14 Valentine's Day	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	19 Saturday	
Salisbury Steak Mashed Potatoes Mixed Vegetables Slice of Bread Peaches Granola Bar	Cheeseburger/ No bun Sweet Potato Puff Mixed Berry Crisp Slice of Bread Mandarin Oranges Marshmallow Pie	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Oreos	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Spaghetti & Meatballs Spinach Italian Vegetables Slice of Bread Mixed fruit cup Fig Bar	C. Fried Steak w/ Gravy Peas and Carrots Mashed Potatoes Diced Pears Cranberry Juice Cheese itz crackers	Country Ham Sweet Potato Cubes Capri Blend Vegetables Slice of bread Orange Juice Chocolate Cream Cookie	
20 Sunday	21 President's Day	22 Tuesday	23 Wednesday	24 Thursday	25 Friday	26 Saturday	
Herbed Baked Chicken Macaroni & Cheese Chateau Blend Vegetables slice of bread Apple Juice Fruit Cup	Cincinnati Chili & Spag. Shredded cheese Corn & Black Beans Cinnamon Apples Grape Juice Frosted Fudge cake	Country Fried Steak Scalloped Potatos California Vegetables Slice of bread Cranberry Juice Donut Sticks	Pork Chop Sauerkraut Diced Parslied Potatoes Slice of Bread Tropical Fruit Juice Brownie	Boneless Chicken Bites Au gratin Potatoes Mixed Vegetables Slice of Bread Diced Peaches Fruit Cup	Cheese Omelet Hash Brown Patty Peach Crisp Slice of Bread Mandarin Oranges Snack Bar	BBQ Chicken Bites Roasted New Potatoes California Vegetables Slice of bread Orange juice Lorna Doone Cookie	
27 Sunday	28 Monday	<p>If you won't be home for delivery or have questions, call between 8 am & 4:30 pm Monday - Friday. 513-244-5485</p> <p>Orders may contain substitutions based on product availability.</p>				 <p>MEALS on WHEELS SOUTHWEST OH & NORTHERN KY</p>	
Grill Sausage w/ onions and peppers Seasoned Potato Wedges Mixed Vegetables Slice of bread Apple Juice Mixed Fruit Cup	Sliced Turkey & Gravy Dressing Green Beans Slice of Bread Grape Juice Diced Pears Vanilla Cream Cookie						