Kentucky TR Hot Menu		• • • • •		April
513-244-0660				2025
Diabetic/Cardiac Friendly	MEALS OF WHEELS SOUTHWEST ON B NORTHERN KY			
rriendly	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	•	Spaghetti & Meatballs	•	
	Cheeseburger Meatloaf	w/Marinara	Herbed Baked Chicken	Cincinnati Chili & Spaghe
	Baby Bakers	Green Beans	Sweet Potato Cubes	_
	California Vegetables	Sice of Bread	Green Peas	Corn
	Slice of Bread	Grape Juice	Slice of Bread	Cinnamon Apples
	Apple Juice	SF Pudding	Apple Juice	Oyster Crackers
	Club Crackers		SF Lemon Cookie	Grape Juice
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Country Fried Steak	Cheeseburger/No Bun	Chicken Strips	Pot Roast	Turkey & Gravy
Scalloped Potatoes	Diced white Potatoes	Italian Mixed Vegetables	Noodles	Mashed Potatoes
Cailfornia Vegetables	Mixed Berries	Sweet Potato Cubes	Collard Greens	Green Beans
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Sun Butter	Tropical Fruit Juice	Sun Butter	Diced Peaches	Diced Pears
Peaches	Ritz Bitz	Mixed Fruit Cup	SF Choc Chip Cookie	SF Pudding
SF Choc Chip Cookie		Club Crackers	•	•
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
Herbed Baked Chicken	Salisbury Steak	Ham and Beans	Spaghetti & Meatballs w/Marinara	Chicken Strips
Sweet Potato Cubes	Mashed Potatoes	Spinach	Green Beans	Italian Mixed Vegetable
Green Peas	Green Beans	Red Skin Potatoes	Sice of Bread	Sweet Potato Cubes
Slice of Bread	Slice of Bread	Slice of Bread	Tropical Fruit Juice	Slice of Bread
Mixed Fruit	Sun Butter	Applesauce	SF Pudding	Sun Butter
SF Lemon Cookie	Grape Juice	Ritz Bitz	·	Mixed Fruit Cup
	·			Club Crackers
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Homestyle Meatloaf	Salisbury Steak	Cheeseburger/No Bun	Pot Roast	Cheeseburger Meatloa
Sweet Potato Patty	Mashed Potatoes	Diced white Potatoes	Noodles	Baby Bakers
Oregon Blend Vegetables	Green Beans	Mixed Berries	Collard Greens	California Vegetables
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Mixed Fruit Cup	Sun Butter	Tropical Fruit Juice	Diced Peaches	Apple Juice
Ritz Bitz	Tropical Fruit Juice	Ritz Bitz	SF Choc Chip Cookie	Club Crackers
28 Monday	29 Tuesday	30 Wednesday		
Spaghetti & Meatballs w/Marinara	Herbed Baked Chicken	Cincinnati Chili & Spaghetti		
Green Beans	Sweet Potato Cubes			
Sice of Bread	Green Peas	Corn		
Grape Juice	Slice of Bread	Cinnamon Apples		
SF Pudding	Apple Juice	Oyster Crackers		
-	SF Lemon Cookie	Grape Juice		