Kentucky TR Hot Menu 513-244-0660		ii.M		May 2025
Diabetic/Cardiac		MEALS . WHEELS		2025
riendly		SOUTHWEST OH & NORTHERN KY		
			1 Thursday	2 Friday
			Country Fried Steak	Cheeseburger/No Bur
			Scalloped Potatoes	Diced white Potatoes
			Cailfornia Vegetables	Mixed Berries
			Slice of Bread	Slice of Bread
			Peaches	Tropical Fruit Juice
			SF Choc Chip Cookie	Ritz Bitz
5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Chicken Strips	Pot Roast	Turkey & Gravy	Herbed Baked Chicken	Salisbury Steak
Italian Mixed Vegetables	Noodles	Mashed Potatoes	Sweet Potato Cubes	Mashed Potatoes
Sweet Potato Cubes	Collard Greens	Green Beans	Green Peas	Green Beans
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Mixed Fruit Cup	Diced Peaches	Diced Pears	Mixed Fruit	Sun Butter
Club Crackers	SF Choc Chip Cookie	SF Pudding	SF Lemon Cookie	Grape Juice
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12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
Ham and Beans	Spaghetti & Meatballs w/Marinara	Chicken Strips	Homestyle Meatloaf	Salisbury Steak
Spinach	Green Beans	Italian Mixed Vegetables	Sweet Potato Patty	Mashed Potatoes
Red Skin Potatoes	Sice of Bread	Sweet Potato Cubes	Oregon Blend Vegetables	Green Beans
Slice of Bread	Tropical Fruit Juice	Slice of Bread	Slice of Bread	Slice of Bread
Applesauce	SF Pudding	Mixed Fruit Cup	Tropical Fruit Juice	Mixed Fruit Cup
Ritz Bitz		Club Crackers	Sun Butter	SF Lemon Cookie
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Cheeseburger/No Bun	Pot Roast	Cheeseburger Meatloaf	Spaghetti & Meatballs w/Marinara	Herbed Baked Chicke
Diced white Potatoes	Noodles	Baby Bakers	Green Beans	Sweet Potato Cubes
Mixed Berries	Collard Greens	California Vegetables	Sice of Bread	Green Peas
Slice of Bread	Slice of Bread	Slice of Bread	Grape Juice	Slice of Bread
Tropical Fruit Juice	Diced Peaches	Apple Juice	SF Pudding	Apple Juice
Ritz Bitz	SF Choc Chip Cookie	Club Crackers	, , , , , , , , , , , , , , , , , , ,	SF Lemon Cookie
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Cincinnati Chili & Spaghetti	Country Fried Steak	Cheeseburger/No Bun	Chicken Strips	Pot Roast
	Scalloped Potatoes	Diced white Potatoes	Italian Mixed Vegetables	Noodles
Corn	Cailfornia Vegetables	Mixed Berries	Sweet Potato Cubes	Collard Greens
Cinnamon Apples	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Oyster Crackers	Peaches	Tropical Fruit Juice	Mixed Fruit Cup	Diced Peaches
Grape Juice	SF Choc Chip Cookie	Ritz Bitz	Club Crackers	SF Choc Chip Cookie