

Meals on Wheels		May-25	513-244-5485	Daily Menu		
				1 THURSDAY	2 FRIDAY	3 SATURDAY
				Cheeseburger/ No bun Sweet Potato Puff Mixed Berry Crisp Slice of Bread Mandarin Oranges Graham crackers	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs Spinach Italian Vegetables Slice of Bread Mixed fruit cup Choc Crème Cookie
4 SUNDAY	5 MONDAY	6 TUESDAY	7 WEDNESDAY	8 THURSDAY	9 FRIDAY	10 SATURDAY
Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	C. Fried Steak w/ Gravy Peas and Carrots Mashed Potatoes Diced Pears Tropical Fruit Juice Cheese it crackers	Country Ham Sweet Potato Cubes Capri Blend Vegetables Slice of bread Orange Juice Choc Crème Cookie	Baked Chicken/Gravy Herb Dressing Broccoli & Cauliflower slice of bread Apple Juice Fruit Cup	Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Grape Juice Oyster crackers	Pork BBQ Garlic Potatoes Carrots Slice of Bread Tropical Fruit Juice Brownie	Boneless Chicken Bites Au gratin Potatoes Mixed Vegetables Slice of Bread Diced Peaches Sun Chips
11 SUNDAY	12 MONDAY	13 TUESDAY	14 WEDNESDAY	15 THURSDAY	16 FRIDAY	17 SATURDAY
Cheese Omelet Hash Brown Patty Peach Crisp Slice of Bread Mandarin Oranges Snack Bar	BBQ Chicken Bites Roasted New Potatoes California Vegetables Slice of bread Orange juice Sun Chips	Grilled Sausage w/ onions and peppers Seasoned Potato Wedges Mixed Vegetables Slice of bread & Apple Juice Mixed Fruit Cup	Meatloaf w/ Gravy Mashed Potatoes Carrots Slice of Bread Diced Peaches Brownie	Chicken Alfredo & Penne Pasta Sliced Carrots Broccoli Tropical Fruit Juice Fruit Cup	Flamed Broiled Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar	Turkey Ham and Beans Spinach Red Skin Potatoes slice of bread Applesauce Sun Chips
18 SUNDAY	19 MONDAY	20 TUESDAY	21 WEDNESDAY	22 THURSDAY	23 FRIDAY	24 SATURDAY
Biscuits and Gravy Mini Potato Pancakes Turkey Sausage Grape Juice Diced Pears Ritz Bitz	Pot Roast Redskin Potatoes Carrots Slice of bread Orange Juice Choc Crème Cookie	Lasagna w/ Meat Sauce Italian Vegetables Apple Crisp Slice of Bread Tropical Fruit Juice Graham Crackers	Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Oyster crackers Fruit Cup	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of bread Apple Juice Choc Crème Cookie	Sloppy Joe/ No bun Green Beans Baby Bakers Slice of Bread Tropical Fruit Juice Cheese it crackers	Turkey w/ Gravy Mashed Potatoes Green Beans Slice of Bread Grape Juice Diced Pears
25 SUNDAY	26 MONDAY	27 TUESDAY	28 WEDNESDAY	29 THURSDAY	30 FRIDAY	31 SATURDAY
Pancakes Mini Potato Pancakes Turkey sausage links Fruit Cup Apple Juice Ritz Bitz	Pork BBQ Garlic Redskin Potatoes Carrots Slice of bread Grape Juice Sun Chips	Salisbury Steak/Gravy Parslied Potatoes Mixed Vegetables Slice of Bread Peaches Tropical Fruit Juice	Cheeseburger/ No bun Sweet Potato Puff Mixed Berry Crisp Slice of Bread Mandarin Oranges Graham crackers	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs Spinach Italian Vegetables Slice of Bread Mixed fruit cup Choc Crème Cookie	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers