

Meals on Wheels		Jul-25	513-244-5485	TR Daily Menu		
		1 TUESDAY	2 WEDNESDAY	3 THURSDAY	4 FRIDAY	5 SATURDAY
		Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Cheeseburger/No Bun Diced white Potatoes Mixed Berries Slice of Bread Tropical Fruit Juice Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers
6 SUNDAY	7 MONDAY	8 TUESDAY	9 WEDNESDAY	10 THURSDAY	11 FRIDAY	12 SATURDAY
Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Peaches SF Choc Chip Cookie	Flamed Broiled Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar	Turkey Ham and Beans Spinach Red Skin Potatoes slice of bread Applesauce Club Crackers	Cheeseburger/No Bun Diced white Potatoes Mixed Berries Slice of Bread Tropical Fruit Juice Ritz Bitz	Pot Roast Noodles Collard Greens Slice of Bread Diced Peaches SF Choc Chip Cookie
13 SUNDAY	14 MONDAY	15 TUESDAY	16 WEDNESDAY	17 THURSDAY	18 FRIDAY	19 SATURDAY
Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter
20 SUNDAY	21 MONDAY	22 TUESDAY	23 WEDNESDAY	24 THURSDAY	25 FRIDAY	26 SATURDAY
Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Cheeseburger/No Bun Diced white Potatoes Mixed Berries Slice of Bread Tropical Fruit Juice Ritz Bitz	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Peaches SF Choc Chip Cookie	Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz
27 SUNDAY	28 MONDAY	29 TUESDAY	30 WEDNESDAY	31 THURSDAY		
Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter		

