

Meals on Wheels		Jul-26	513-244-5485	Daily TR Menu			
				1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY
MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING				Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter
5 SUNDAY	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY	11 SATURDAY	
Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	
12 SUNDAY	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY	18 SATURDAY	
Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	
19 SUNDAY	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	25 SATURDAY	
Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	
26 SUNDAY	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY		
Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding		