

**MEALS ON WHEELS OF SOUTHWEST OHIO & NORTHERN KENTUCKY (MOW)/WESLEY COMMUNITY SERVICES
KENTUCKY REGULAR MEALS**

Please call in your order at least 7 days prior to your delivery (513-244-5485). We are not taking paper orders right now

KEEP THIS MENU HANDY SO YOU CAN LOOK AT IT WHEN CALLING TO CHANGE YOUR ORDER!



BEEF ENTREES

CINCINNATI CHILI Spaghetti, Shredded Cheese, Corn & Black Beans, Cin. Apples
COUNTRY FRIED STEAK Scalloped Potatoes, California Blend
FLAME BROILED BEEF STEAK Roasted Baby Bakers, Mixed Vegetables
POT ROAST Parslied Noodles, Collard Greens
SLOPPY JOE Green Beans, Baby Bakers
MEATLOAF Mashed Potatoes & Carrots
CHEESEBURGER MEATLOAF Baby Bakers, California Mix Veggies
CHEESEBURGER Sweet Potato Puff, Mixed Berry Crisp
SALISBURY STEAK Whipped Sweet Potatoes, Mixed Vegetables



PORK ENTREES

HAM AND BEANS Spinach, Tater Tots
GRILLED SAUSAGE Onion & Peppers, Seasoned Potato Wedge, Mixed Vegetables
PORK CHOP Sauerkraut, Diced Parslied Potatoes



DAIRY

SKIM MILK
2% MILK
CHOCOLATE MILK
CHEESE



POULTRY ENTREES

BONELESS CHICKEN BITES Augratin potatoes, Mixed Vegetables
CHICKEN BREAST & ALFREDO SAUCE Penne Pasta, Carrots, Broccoli
CHICKEN STRIPS Italian Mixed Vegetables, Tater Barrels
SLICED TURKEY & GRAVY Dressing, Green Beans



PASTA ENTREES

LASAGNA ROLLUPS WITH MEAT SAUCE Italian Mixed Vegetables, Apple Crisp
SPAGHETTI, SAUCE, & MEATBALLS Italian Veg & Spinach



BREAD

WHITE BREAD
WHEAT BREAD

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.