

**MEALS ON WHEELS OF SOUTHWEST OHIO & NORTHERN KENTUCKY (MOW)/WESLEY COMMUNITY SERVICES
GLUTEN FREE MEALS-OHIO**

Please call in your order at least 6 days prior to your delivery (513-244-5485).

We are not taking paper orders right now

KEEP THIS MENU HANDY SO YOU CAN LOOK AT IT WHEN CALLING TO CHANGE YOUR ORDER!



BEEF ENTREES

HAMBURGER PATTY

Potato Wedges, Broccoli, Pineapple, Gluten Free Bread

**SWISS STEAK W/ TOMATOES,
PEPPERS, AND ONIONS**

Carrots and O'Brien Potatoes, Applesauce, Gluten Free Bread, Margarine



POULTRY ENTREES

FRIED EGG & TURKEY SAUSAGE

Red Skin Potatoes, Green Beans, 100% Orange Juice, Gluten Free Bread, Margarine

GRILLED CHICKEN BREAST

Green Beans, Squash, Pears, Gluten Free Bread, Margarine

**SMOKED TURKEY SAUSAGE W/
SAUERKRAUT**

Mashed Potatoes, Green Beans, Pineapple, Gluten Free Bread

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.