

## **MENU** GLUTEN FREE FRIENDLY

Please call in your order at least 7 days prior to your delivery (513-244-5485)

#### **BEEF ENTREES**

#### HAMBURGER PATTY

Potato wedges, broccoli, pineapple, gluten free bread

# SWISS STEAK WITH TOMATOES, PEPPERS & ONIONS

Carrots and O'Brien potatoes, applesauce, gluten free bread, margarine

#### DAIRY

- Skim milk
- Chocolate milk

• Cheese

- 1% milk
- 2% milk

### POULTRY ENTREES

**FRIED EGG & TURKEY SAUSAGE** Red skin potatoes, green beans, 100% orange juice, gluten free bread, margarine

**GRILLED CHICKEN BREAST** Green beans, squash, pears, gluten free bread, margarine

# SMOKED TURKEY SAUSAGE WITH SAUERKRAUT

Mashed potatoes, green beans, pineapple, gluten free bread

### KEEP THIS MENU HANDY TO LOOK AT WHEN CALLING TO CHANGE YOUR ORDER

CUSTOMER CARE 513-244-5485 meals@muchmorethanameal.org

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.