# ITH <br> MEALS © WHEELS 

 SOUTHWEST OH E NORTHERN KYPlease call in your order at least 7 days prior to your delivery (513-244-5485)

## BEEF ENTREES

HAMBURGER PATTY
Potato wedges, broccoli, pineapple, gluten free bread

## SWISS STEAK WITH TOMATOES, PEPPERS \& ONIONS

Carrots and O'Brien potatoes, applesauce, gluten free bread, margarine

## DAIRY

| - Skim milk | Chocolate milk |
| :--- | :--- |
| 1\% milk | Cheese |
| $2 \%$ milk |  |

## POULTRY ENTREES

FRIED EGG \& TURKEY SAUSAGE
Red skin potatoes, green beans, 100\% orange juice, gluten free bread, margarine

## GRILLED CHICKEN BREAST

Green beans, squash, pears, gluten free bread, margarine

## SMOKED TURKEY SAUSAGE WITH SAUERKRAUT

Mashed potatoes, green beans, pineapple, gluten free bread

## KEEP THIS MENU HANDY TO LOOK AT WHEN CALLING TO CHANGE YOUR ORDER <br> CUSTOMER CARE <br> 513-244-5485 <br> meals@muchmorethanameal.org

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.

