# ITH <br> MEALS © WHEELS SOUTHWEST OH \& NORTHERN KY 

## MENU

KENTUCKY REGULAR MEALS

Please call in your order at least 7 days prior to your delivery (513-244-5485)

## BEEF ENTREES

## CINCINNATI CHILI

Spaghetti, shredded cheese, corn \& black beans, cinnamon apples

## COUNTRY FRIED STEAK

Scalloped potatoes, California blend

## FLAME BROILED BEEF STEAK

Roasted baby bakers, mixed vegetables
POT ROAST
Parslied noodles, collard greens

## SLOPPY JOE

Green beans, baby bakers
MEATLOAF WITH GRAVY
Mashed potatoes, carrots

## CHEESEBURGER MEATLOAF

Baby bakers, California mixed vegetables
CHEESEBURGER
Sweet potato puff, mixed berry crisp
SALISBURY STEAK WITH GRAVY
Parslied potatoes, mixed vegetables

PASTA ENTREES
LASAGNA ROLL UPS WITH MEAT SAUCE
Italian mixed vegetables, apple crisp

## POULTRY ENTREES

## BONELESS CHICKEN BITES

Au gratin potatoes, mixed vegetables
DICED CHICKEN \& ALFREDO SAUCE
Penne pasta, carrots, broccoli
CHICKEN STRIPS
Italian mixed vegetables, sweet potato cubes

## SLICED TURKEY \& GRAVY

Mashed potatoes, green beans

## PORK ENTREES

## HAM AND BEANS

Spinach, redskin potatoes
GRILLED SAUSAGE
Onion \& peppers, seasoned potato wedge, mixed vegetables

|  | BREAD |
| :--- | :--- |
| - Wheat bread | • White bread |
|  | DAIRY |
| - Skim milk | $\circ$ Chocolate milk |
| - $2 \%$ milk | $\circ$ Cheese |

## SPAGHETTI, SAUCE \& MEATBALLS

Italian vegetables, spinach

## KEEP THIS MENU HANDY TO LOOK AT WHEN <br> CALLING TO CHANGE YOUR ORDER

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.

