


Monday	Tuesday	1 Wednesday	2 Thursday	3 Friday
Ohio Congregate Lunch 	MARCH 2023 513-244-0660	MANDARIN ORANGE SALAD-CHICKEN	SALISBURY STEAK	GRILLED SAUSAGE
		OR	OR	OR
		MANDARIN ORANGE SALAD-TURKEY	GRILLED CHICKEN	CRAB CAKE
		MIXED GREENS & MOZZARELLA CHEESE	SWEET POTATO PUFF	POTATO WEDGES
		GRAPE TOMATOES UNSALTED CRACKERS SALAD DRESSING MANDARIN ORANGES GRAHAM CRACKER	MIXED BERRY CRISP SLICED BREAD/BUN ORANGE RITZ BITZ	MIXED VEGETABLES SLICED BREAD APPLE JUICE PUDDING
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
CHEESEBURGER	LASAGNA ROLLUPS W/ MEAT SAUCE	CHEESE MEATLOAF	CHICKEN STRIPS	CHEF SALAD TURKEY
OR	OR	OR	OR	OR
GRILLED CHICKEN	CHICKEN ALFREDO PENNE	PORK BBQ	SLICED HAM	CHEF SALAD EGG
BROCCOLI TATER BARRELS BUN/BREAD CRANBERRY JUICE CHOC CREAM COOKIE	ITALIAN VEGETABLES APPLE CRISP SLICED BREAD GRAPE JUICE GRAHAM CRACKERS	AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD DICED PEACHES BROWNIE	TATER TOTS ITALIAN VEGETABLES SLICED BREAD PINEAPPLE SNACK BAR	LETTUCE, EGG, CHEESE TOMATOES, DRESSING FRESH FRUIT CRACKERS GRAPE JUICE GRANOLA BAR
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
HERBED CHICKEN PATTY	SALISBURY STEAK	CHICKEN WING DINGS W/BBQ SAUCE	CHICKEN SALAD SANDWICH	CABBAGE ROLL
OR	OR	OR	OR	OR
GRILLED SAUSAGE	GRILLED CHICKEN	HAM AND BEANS	TURKEY SANDWICH	BREADED POLLOCK
MACARONI & CHEESE CHATEAU VEGETABLES SLICED BREAD APPLE JUICE BROWNIE PINEAPPLE	SWEET POTATO PUFF MIXED BERRY CRISP SLICED BREAD ORANGE RITZ BITZ	AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD FRESH FRUIT PUDDING CUP	POTATO SALAD COLESLAW SLICED BREAD PEACHES COOKIES	BROCCOLI MASHED POTATOES SLICED BREAD GRAPE JUICE SNACK BAR
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
COUNTRY FRIED STEAK	GRILLED SAUSAGE	SLOPPY JOE	CHEESEBURGER	CININNATI CHILI & SHREDDED CHEESE
OR	OR	OR	OR	OR
GRILLED CHICKEN	BEEF PATTY	PORK BBQ	GRILLED CHICKEN	MARINARA PRIMAVERA
SCALLOPED POTATOES CALIFORNIA VEGGIES SLICED BREAD CRANBERRY JUICE FRUIT CUP	POTATO WEDGES MIXED VEGETABLES SLICED BREAD APPLE JUICE PUDDING	GREEN BEAN BABY BAKERS HAMBURGER BUN TROPICAL FRUIT JUICE CHEESE ITS	BROCCOLI TATER BARRELS BUN/BREAD CRANBERRY JUICE BROWNIE	CORN & BLACK BEANS SPAGHETTI CINNAMON APPLES ORANGE OYSTER CRACKERS
27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
SALISBURY STEAK W/GRAVY	LASAGNA ROLLUPS W/ MEAT SAUCE	MANDARIN ORANGE SALAD-CHICKEN	GRILLED HAMBURGER	SLICED TURKEY & GRAVY
OR	OR	OR	OR	OR
GRILLED CHICKEN	CHICKEN ALFREDO PENNE	MANDARIN ORANGE SALAD-TURKEY	HOT DOG	FISH BITES
FRENCH GREEN BEANS CORN SLICED BREAD APPLESAUCE GRANOLA BAR	ITALIAN VEGETABLES APPLE CRISP SLICED BREAD APPLE JUICE GRAHAM CRACKERS	MIXED GREENS & MOZZARELLA CHEESE GRAPE TOMATOES UNSALTED CRACKERS SALAD DRESSING MANDARIN ORANGES GRAHAM CRACKER	POTATO SALAD BAKED BEANS BUNS PEACHES COOKIE	TRADITIONAL DRESSING CARROTS SLICED BREAD DICED PEARS COOKIE

