Ohio Daily Menu
Apr-24
513-244-0660
MEALS O WHEELS
Approved by:

| Sunday | 1 Monday | 2 Tuesday | 3 Wednesday | 4 Thursday | 5 Friday | 6 Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Pot Roast <br> Redskin Potatoes <br> Carrots <br> Slice of bread <br> Orange Juice <br> Choc Crème Cookie | Lasagna w/ Meat Sauce <br> Italian Vegetables <br> Apple Crisp <br> Slice of Bread <br> Apple juice <br> Graham Crackers | Cincinnati Chili \& Spaghetti <br> Shredded cheese <br> Corn \& Black Beans <br> Cinnamon Apples <br> Oyster crackers <br> Fruit Cup | Chicken Strips <br> Italian Mixed Vegetables <br> Sweet Potato Cubes <br> Slice of bread <br> Apple Juice <br> Choc Crème Cookie | Sloppy Joe/ No bun <br> Green Beans <br> Baby Bakers <br> Slice of Bread <br> Tropical Fruit Juice <br> Cheese it crackers | Sliced Turkey \& Gravy <br> Mashed Potatoes <br> Green Beans <br> Slice of Bread <br> Grape Juice <br> Diced Pears |
| 7 Sunday | 8 Monday | 9 Tuesday | 10 Wednesday | 11 Thursday | 12 Friday | 13 Saturday |
| Pancakes <br> Mini Potato Pancakes Turkey sausage links <br> Fruit Cup <br> Apple Juice <br> Ritz Bitz | Pork BBQ <br> Garlic Redskin Potatoes <br> Carrots <br> Slice of bread <br> Grape Juice <br> Sun Chips | Salisbury Steak/Gravy <br> Parslied Potatoes <br> Mixed Vegetables <br> Slice of Bread <br> Peaches <br> Fruit Cup | Cheeseburger/ No bun <br> Sweet Potato Puff <br> Mixed Berry Crisp <br> Slice of Bread <br> Mandarin Oranges <br> Graham crackers | Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie | Spaghetti \& Meatballs <br> Spinach <br> Italian Vegetables <br> Slice of Bread <br> Mixed fruit cup <br> Choc Crème Cookie | Cheeseburger Meatloaf <br> Baby Bakers <br> California Vegetables <br> Slice of Bread <br> Orange Juice <br> Towne House Crackers |
| 14 Sunday | 15 Monday | 16 Tuesday | 17 Wednesday | 18 Thursday | 19 Friday | 20 Saturday |
| C. Fried Steak w/ Gravy <br> Peas and Carrots <br> Mashed Potatoes <br> Diced Pears <br> Tropical Fruit Juice <br> Cheese it crackers | Country Ham <br> Sweet Potato Cubes <br> Capri Blend Vegetables <br> Slice of bread <br> Orange Juice <br> Choc Crème Cookie | Baked Chicken/Gravy <br> Herb Dressing <br> Broccoli \& Cauliflower <br> slice of bread <br> Apple Juice <br> Fruit Cup | Cincinnati Chili \& Spag. <br> Shredded cheese <br> Corn \& Black Beans <br> Cinnamon Apples <br> Grape Juice <br> Oyster crackers | Country Fried Steak <br> Scalloped Potatos <br> California Vegetables <br> Slice of bread <br> Orange Juice <br> Graham Cracker | Pork BBQ <br> Garlic Potatoes Carrots <br> Slice of Bread <br> Tropical Fruit Juice Brownie | Boneless Chicken Bites <br> Au aratin Potatoes <br> Mixed Vegetables <br> Slice of Bread <br> Diced Peaches <br> Sun Chips |
| 21 Sunday | 22 Monday | 23 Tuesday | 24 Wednesday | 25 Thursday | 26 Friday | 27 Saturday |
| Cheese Omelet <br> Hash Brown Patty <br> Peach Crisp <br> Slice of Bread <br> Mandarin Oranges <br> Snack Bar | BBQ Chicken Bites Roasted New Potatoes <br> California Vegetables <br> Slice of bread <br> Orange juice <br> Sun Chips | Grilled Sausage w/ onions and peppers Seasoned Potato Wedges Mixed Vegetables <br> Slice of bread \& Apple Juice Mixed Fruit Cup | Meatloaf w/ Gravy <br> Mashed Potatoes <br> Carrots <br> Slice of Bread <br> Diced Peaches <br> Brownie |  <br> Penne Pasta <br> Sliced Carrots <br> Broccoli <br> Tropical Fruit Juice <br> Fruit Cup | Flamed Broiled Steak <br> Roasted Baby Bakers <br> Mixed Vegetables <br> Slice of Bread <br> Peaches <br> Snack Bar | Ham and Beans Spinach <br> Red Skin Potatoes slice of bread Applesauce Sun Chips |
| 28 Sunday | 29 Monday | 30 Tuesday |  |  |  |  |
| Biscuits and Gravy <br> Mini Potato Pancakes <br> Turkey Sausage <br> Grape Juice <br> Diced Pears <br> Ritz Bitz | Pot Roast <br> Redskin Potatoes <br> Carrots <br> Slice of bread <br> Orange Juice <br> Choc Crème Cookie | Lasagna w/ Meat Sauce Italian Vegetables <br> Apple Crisp <br> Slice of Bread <br> Apple juice <br> Graham Crackers |  |  | $\square \square$ | $\square \square$ |



