

Ohio Congregate Lunch

Aug-23

Approved by: _____

	1 TUESDAY	2 WEDNESDAY	3 THURSDAY	4 FRIDAY
	CHICKEN WING DINGS W/BBQ SAUCE	MEATLOAF	SLICED HAM	SALISBURY STEAK
	OR	OR	OR	OR
	HAM AND BEANS	TURKEY & GRAVY	CHICKEN STRIPS	GRILLED CHICKEN
	AUGRATIN POTATOES	ROASTED BABY BAKERS	CINNAMON APPLES	SWEET POTATO PUFF
	MIXED VEGETABLES	GREEN BEANS	ITALIAN VEGGIES	MIXED BERRY CRISP
	SLICED BREAD	SLICE BREAD	SLICED BREAD	SLICED BREAD
	TROPICAL FRUIT JUICE	APPLE	GRAPE JUICE	ORANGE
	PUDDING CUP	SNACK BAR	GRANOLA BAR	RITZ BITZ
7 MONDAY	8 TUESDAY	9 WEDNESDAY	10 THURSDAY	11 FRIDAY
CHEESEBURGER	COUNTRY FRIED STEAK	LASAGNA ROLLUPS W/ MEAT SAUCE	SLOPPY JOE	CININNATI CHILI & SHREDDED CHEESE
OR	OR	OR	OR	OR
BREADED CHICKEN PATTY	GRILLED CHICKEN	CHICKEN ALFREDO PENNE	PORK BBQ	MEATBALL MARINARA
BROCCOLI	SCALLOPED POTATOES	ITALIAN VEGETABLES	GREEN BEAN	CORN & BLACK BEANS
TATER BARRELS	CALIFORNIA VEGGIES	APPLE CRISP	BABY BAKERS	SPAGHETTI
BUN	SLICED BREAD	SLICED BREAD	HAMBURGER BUN	CINNAMON APPLES
GRAPE JUICE	CRANBERRY JUICE	APPLE JUICE	TROPICAL FRUIT JUICE	ORANGE
BROWNIE	FRUIT CUP	GRANOLA BAR	CHEESE ITS	OYSTER CRACKERS
14 MONDAY	15 TUESDAY	16 WEDNESDAY	17 THURSDAY	18 FRIDAY
GRILLED SAUSAGE	HAM AND BEANS	MANDARIN ORANGE SALAD-CHICKEN	MEATLOAF	SALISBURY STEAK W/GRAVY
OR	OR	OR	OR	OR
BEEF PATTY	SLOPPY JOE	MANDARIN ORANGE SALAD-TURKEY	TURKEY & GRAVY	GRILLED CHICKEN
POTATO WEDGES	SPINACH	MIXED GREENS & MOZZ CHEESE	ROASTED BABY BAKERS	FRENCH GREEN BEANS
MIXED VEGETABLES	TATER TOTS	GRAPE TOMATOES	MIXED VEGETABLES	CORN
SLICED BREAD	SLICED BREAD/BUN	UNSALTED CRACKERS	SLICED BREAD	SLICED BREAD
MARGARINE	DICED PEARS	SALAD DRESSING	APPLE	APPLESAUCE
CRANBERRY JUICE	SUNCHIPS	MANDARIN ORANGES	SNACK BAR	GRANOLA BAR
FRUIT CUP		GRAHAM CRACKER		
21 MONDAY	22 TUESDAY	23 WEDNESDAY	24 THURSDAY	25 FRIDAY
CHICKEN SALAD SANDWICH	CHEESEBURGER	CININNATI CHILI 3 WAYS	CHEESE MEATLOAF	CHICKEN STRIPS
OR	OR	OR	OR	OR
TURKEY SANDWICH	GRILLED CHICKEN	MEATBALL MARINARA	PORK BBQ	SLICED HAM
POTATO SALAD	CARROTS	CORN & BLACK BEANS	AUGRATIN POTATOES	TATER TOTS
THREE BEAN SALAD	RED POTATOES	SPAGHETTI	MIXED VEGETABLES	ITALIAN VEGETABLES
SLICED BREAD	BUN	CINNAMON APPLES	SLICED BREAD	SLICED BREAD
PEACHES	CRANBERRY JUICE	ORANGE	FRUIT JUICE	PEARS
COOKIES	COOKIES	OYSTER CRACKERS	BROWNIE	SNACK BAR
28 MONDAY	29 TUESDAY	30 WEDNESDAY	31 THURSDAY	
SALISBURY STEAK	HERBED CHICKEN PATTY	CHICKEN WING DINGS W/BBQ SAUCE	MEATLOAF	 MEALS ON WHEELS SOUTHWEST OH & NORTHERN KY
OR	OR	OR	OR	
GRILLED CHICKEN	GRILLED SAUSAGE	HAM AND BEANS	TURKEY & GRAVY	
SWEET POTATO PUFF	MACARONI & CHEESE	AUGRATIN POTATOES	ROASTED BABY BAKERS	
MIXED BERRY CRISP	BROCCOLI	MIXED VEGETABLES	GREEN BEANS	
SLICED BREAD	SLICED BREAD	SLICED BREAD	SLICE BREAD	
ORANGE	APPLE JUICE	TROPICAL FRUIT JUICE	APPLE	
RITZ BITZ	BROWNIE	PUDDING CUP	SNACK BAR	
	PINEAPPLE			