

**Ohio Congregate
Breakfast Menu
513-244-0660**



**JULY
2023**

Approved by: _____

3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice		Cheese Omelet Breakfast Potato Cheerios Mix Fruit Milk Apple Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice
10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY
Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit
17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY
Oatmeal Scrambled eggs Potato Pancakes Orange Juice Milk Orange	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Orange Milk Grape Juice	Pancakes Scrambled Eggs SF Syrup Pears Milk Apple Juice	Cheese Omelet Potato Pancakes Cheerios Mix Fruit Milk Apple Juice
24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY
Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Oatmeal Scrambled eggs Potato Pancakes Orange Juice Milk Orange
31 FRIDAY				
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice				