

Ohio Congregate Lunch

Jul-23

Approved by: _____

3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
MEATLOAF		SLICED HAM	SALISBURY STEAK	CHICKEN WING DINGS W/BBQ SAUCE
OR		OR	OR	OR
TURKEY & GRAVY		CHICKEN STRIPS	GRILLED CHICKEN	HAM AND BEANS
ROASTED BABY BAKERS		CINNAMON APPLES	SWEET POTATO PUFF	AUGRATIN POTATOES
GREEN BEANS		ITALIAN VEGGIES	MIXED BERRY CRISP	MIXED VEGETABLES
SLICE BREAD		SLICED BREAD	SLICED BREAD	SLICED BREAD
APPLE		GRAPE JUICE	ORANGE	TROPICAL FRUIT JUICE
SNACK BAR		GRANOLA BAR	RITZ BITZ	PUDDING CUP
10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
COUNTRY FRIED STEAK	LASAGNA ROLLUPS W/ MEAT SAUCE	SLOPPY JOE	CININNATI CHILI & SHREDDED CHEESE	CHEESEBURGER
OR	OR	OR	OR	OR
GRILLED CHICKEN	CHICKEN ALFREDO PENNE	PORK BBQ	MEATBALL MARINARA	BREADED CHICKEN PATTY
SCALLOPED POTATOES	ITALIAN VEGETABLES	GREEN BEAN	CORN & BLACK BEANS	BROCCOLI
CALIFORNIA VEGGIES	APPLE CRISP	BABY BAKERS	SPAGHETTI	TATER BARRELS
SLICED BREAD	SLICED BREAD	HAMBURGER BUN	CINNAMON APPLES	BUN/BREAD
CRANBERRY JUICE	APPLE JUICE	TROPICAL FRUIT JUICE	ORANGE	GRAPE JUICE
FRUIT CUP	GRANOLA BAR	CHEESE ITS	OYSTER CRACKERS	BROWNIE
17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
HAM AND BEANS	MEATLOAF	MANDARIN ORANGE SALAD-CHICKEN	SALISBURY STEAK W/GRAVY	GRILLED SAUSAGE
OR	OR	OR	OR	OR
SLOPPY JOE	TURKEY & GRAVY	MANDARIN ORANGE SALAD-TURKEY	GRILLED CHICKEN	BEEF PATTY
SPINACH	ROASTED BABY BAKERS	MIXED GREENS & MOZZ CHEESE	FRENCH GREEN BEANS	POTATO WEDGES
TATER TOTS	MIXED VEGETABLES	GRAPE TOMATOES	CORN	MIXED VEGETABLES
SLICED BREAD/BUN	SLICED BREAD	UNSALTED CRACKERS	SLICED BREAD	SLICED BREAD
DICED PEARS	APPLE	SALAD DRESSING	APPLESAUCE	MARGARINE
SUNCHIPS	SNACK BAR	MANDARIN ORANGES	GRANOLA BAR	CRANBERRY JUICE
		GRAHAM CRACKER		FRUIT CUP
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
SHREDDED POT ROAST	CHICKEN STRIPS	CHEESE MEATLOAF	CININNATI CHILI 3 WAYS	CHICKEN SALAD SANDWICH
OR	OR	OR	OR	OR
GRILLED CHICKEN	SLICED HAM	PORK BBQ	CHEESE CONEY	TURKEY SANDWICH
CARROTS	TATER TOTS	AUGRATIN POTATOES	CORN & BLACK BEANS	POTATO SALAD
RED POTATOES	ITALIAN VEGETABLES	MIXED VEGETABLES	SHREDDED CHEESE	THREE BEAN SALAD
BREAD	SLICED BREAD	SLICED BREAD	CINNAMON APPLES	SLICED BREAD
CRANBERRY JUICE	PEARS	FRUIT JUICE	ORANGE	PEACHES
COOKIES	SNACK BAR	BROWNIE	OYSTER CRACKERS	COOKIES
31 Monday				
HERBED CHICKEN PATTY				
OR				
GRILLED SAUSAGE				
MACARONI & CHEESE				
BROCCOLI				
SLICED BREAD				
APPLE JUICE				
BROWNIE				
PINEAPPLE				