

**Ohio Congregate
Breakfast Menu
513-244-0660**



**NOVEMBER
2023**

Approved by: _____

		1 WEDNESDAY	2 THURSDAY	3 FRIDAY
		Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice
6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY
French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Cheese Omelet Potato Pancakes Cheerios Fresh Orange Milk Apple Juice	Oatmeal Scrambled eggs Potato Pancakes Peaches Milk Orange Juice	Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Apple Milk Grape Juice	Pancakes Scrambled Eggs SF Syrup Pears Milk Apple Juice
13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY
Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Pancakes T Sausage Links SF Syrup PEARS Milk Tropical Fruit Juice	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice
20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	HAPPY THANKSGIVING	CLOSED
27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	