

Ohio Congregate Breakfast Menu

513-244-0660



OCTOBER 2023

Approved by: _____

2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice
9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Cheese Omelet Potato Pancakes Cheerios Fresh Orange Milk Apple Juice	Oatmeal Scrambled eggs Potato Pancakes Peaches Milk Orange Juice	Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Apple Milk Grape Juice	Pancakes Scrambled Eggs SF Syrup Pears Milk Apple Juice
16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Pancakes T Sausage Links SF Syrup Cinnamon Apples Milk Tropical Fruit Juice	Oatmeal Scrambled eggs Potato Pancakes Orange Juice Milk Orange	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice
23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Oatmeal Scrambled eggs Potato Pancakes Orange Juice Milk Orange	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice
30 MONDAY	31 TUESDAY			
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit			

