

Ohio Congregate Lunch

Oct-23

Approved by: _____

2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
CININNATI CHILI W/ CHEESE	CHEESEBURGER	SLOPPY JOE	COUNTRY FRIED STEAK	LASAGNA ROLLUPS W/ MEAT SAUCE
OR	OR	OR	OR	OR
MEATBALL MARINARA	BREADED CHICKEN PATTY	PORK BBQ	GRILLED CHICKEN	CHICKEN ALFREDO PENNE
CORN & BLACK BEANS SPAGHETTI APPLE SAUCE ORANGE OYSTER CRACKERS	BROCCOLI TATER BARRELS BUN GRAPE JUICE BROWNIE	GREEN BEAN BABY BAKERS HAMBURGER BUN TROPICAL FRUIT JUICE CHEESE ITS	SCALLOPED POTATOES CALIFORNIA VEGGIES SLICED BREAD APPLE JUICE FRUIT CUP	ITALIAN VEGETABLES APPLE CRISP SLICED BREAD CRANBERRY JUICE GRANOLA BAR
9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
MEATLOAF	SALISBURY STEAK W/GRAVY	GRILLED SAUSAGE	HAM AND BEANS	MANDARIN ORANGE SALAD-CHICKEN
OR	OR	OR	OR	OR
TURKEY & GRAVY	GRILLED CHICKEN	BEEF PATTY	SLOPPY JOE	MANDARIN ORANGE SALAD-TURKEY
TRADITIONAL DRESSING MIXED VEGETABLES SLICED BREAD APPLE SNACK BAR	FRENCH GREEN BEANS CORN SLICED BREAD TROPICAL FRUIT JUICE GRANOLA BAR	POTATO WEDGES MIXED VEGETABLES SLICED BREAD CRANBERRY JUICE FRUIT CUP	SPINACH TATER TOTS SLICED BREAD/BUN DICED PEARS SUNCHIPS	MIXED GREENS & MOZZ CHEESE GRAPE TOMATOES UNSALTED CRACKERS MANDARIN ORANGES GRAHAM CRACKER
16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
PORK BBQ	CHICKEN STRIPS	CHICKEN SALAD SANDWICH	CHEESEBURGER	CININNATI CHILI 3 WAYS
OR	OR	OR	OR	OR
CHEESE MEATLOAF	SLICED HAM	TURKEY SANDWICH	GRILLED CHICKEN	MEATBALL MARINARA
AUGRATIN POTATOES MIXED VEGETABLES BUNS FRUIT JUICE BROWNIE	TATER TOTS ITALIAN VEGETABLES SLICED BREAD PEARS RITZ BITZ	POTATO SALAD THREE BEAN SALAD SLICED BREAD PEACHES COOKIES	CARROTS RED POTATOES BUN CRANBERRY JUICE COOKIES	CORN & BLACK BEANS SPAGHETTI CINNAMON APPLES ORANGE OYSTER CRACKERS
23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
SLICED HAM	MEATLOAF	SALISBURY STEAK	HERBED CHICKEN PATTY	CHICKEN WING DINGS W/BBQ SAUCE
OR	OR	OR	OR	OR
CHICKEN STRIPS	TURKEY & GRAVY	GRILLED CHICKEN	GRILLED SAUSAGE	HAM AND BEANS
CINNAMON APPLES ITALIAN VEGGIES SLICED BREAD GRAPE JUICE GRANOLA BAR	ROASTED BABY BAKERS GREEN BEANS SLICE BREAD APPLE SNACK BAR	SWEET POTATO PUFF MIXED BERRY CRISP SLICED BREAD ORANGE RITZ BITZ	MACARONI & CHEESE BROCCOLI SLICED BREAD APPLE JUICE BROWNIE PINEAPPLE	AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD TROPICAL FRUIT JUICE PUDDING CUP
30 MONDAY	31 TUESDAY			
LASAGNA ROLLUPS W/ MEAT SAUCE	TEXAS CHILI			
OR	OR			
CHICKEN ALFREDO PENNE	WHITE CHICKEN CHILI			
ITALIAN VEGETABLES APPLE CRISP SLICED BREAD CRANBERRY JUICE GRANOLA BAR	BUTTERED CORN CHEDDAR CHEESE APPLE CIDER ORANGE OYSTER CRACKERS SCARY CUPCAKES			

