

JUNE 2023

OHIO LUNCH MENU



MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

Approved by: _____

5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
SALISBURY STEAK	CHICKEN WING DINGS W/BBQ SAUCE	MEATLOAF	HERBED CHICKEN PATTY	SLICED HAM
OR	OR	OR	OR	OR
GRILLED CHICKEN	HAM AND BEANS	TURKEY & GRAVY	GRILLED SAUSAGE	CHICKEN STRIPS
SWEET POTATO PUFF MIXED BERRY CRISP SLICED BREAD ORANGE RITZ BITZ	AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD TROPICAL FRUIT JUICE PUDDING CUP	ROASTED BABY BAKERS GREEN BEANS SLICE BREAD APPLE SNACK BAR	MACARONI & CHEESE BROCCOLI SLICED BREAD APPLE JUICE BROWNIE PINEAPPLE	CINNAMON APPLES ITALIAN VEGGIES SLICED BREAD GRAPE JUICE GRANOLA BAR
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
LASAGNA ROLLUPS W/ MEAT SAUCE	SLOPPY JOE	CININNATI CHILI & SHREDDED CHEESE	CHEESEBURGER	COUNTRY FRIED STEAK
OR	OR	OR	OR	OR
CHICKEN ALFREDO PENNE	PORK BBQ	MEATBALL MARINARA	BREADED CHICKEN PATTY	GRILLED CHICKEN
ITALIAN VEGETABLES APPLE CRISP SLICED BREAD APPLE JUICE GRANOLA BAR	GREEN BEAN BABY BAKERS HAMBURGER BUN TROPICAL FRUIT JUICE CHEESE ITS	CORN & BLACK BEANS SPAGHETTI CINNAMON APPLES ORANGE OYSTER CRACKERS	BROCCOLI TATER BARRELS BUN/BREAD GRAPE JUICE BROWNIE	SCALLOPED POTATOES CALIFORNIA VEGGIES SLICED BREAD CRANBERRY JUICE FRUIT CUP
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
MEATLOAF	HAM AND BEANS	SALISBURY STEAK W/GRAVY	GRILLED SAUSAGE	MANDARIN ORANGE SALAD-CHICKEN
OR	OR	OR	OR	OR
TURKEY & GRAVY	SLOPPY JOE	GRILLED CHICKEN	BEEF PATTY	MANDARIN ORANGE SALAD-TURKEY
ROASTED BABY BAKERS MIXED VEGETABLES SLICED BREAD APPLE SNACK BAR	SPINACH TATER TOTS SLICED BREAD/BUN DICED PEARS SUNCHIPS	FRENCH GREEN BEANS CORN SLICED BREAD APPLESAUCE GRANOLA BAR	POTATO WEDGES MIXED VEGETABLES SLICED BREAD MARGARINE CRANBERRY JUICE FRUIT CUP	MIXED GREENS & MOZZARELLA CHEESE GRAPE TOMATOES UNSALTED CRACKERS SALAD DRESSING MANDARIN ORANGES GRAHAM CRACKER
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
CHICKEN STRIPS	CHEESE MEATLOAF	CHICKEN TERIYAKI	CHICKEN SALAD SANDWICH	CININNATI CHILI & SHREDDED CHEESE
OR	OR	or	OR	OR
SLICED HAM	PORK BBQ	BEEF TERIYAKI	TURKEY SANDWICH	MEATBALL MARINARA
TATER TOTS ITALIAN VEGETABLES SLICED BREAD PEARS	AUGRATIN POTATOES MIXED VEGETABLES SLICED BREAD FRUIT JUICE	BROCCOLI CAULIFLOWER BROWN RICE PINEAPPLE	POTATO SALAD THREE BEAN SALAD SLICED BREAD PEACHES	CORN & BLACK BEANS SPAGHETTI CINNAMON APPLES ORANGE

SNACK BAR

BROWNIE

FORTUNE COOKIES

COOKIES

OYSTER CRACKERS

